



**PROGRAM**

## **Become A High-Performance Team Coach**



**INSTITUTE FOR  
CONTEMPORARY  
LEADERSHIP**



# ICL's Team Coaching Training Program

**This two day virtual training program prepares internal and external coaches to leverage best-in-class digital and experiential tools to enhance the performance of their client teams.**

## What You Will Learn

Through a highly interactive series of training modules, participants will delve into the theory of high performing and resilient teams, begin to master a methodology for coaching teams, and familiarize themselves with the tools and techniques needed to have maximum impact on team development. Participants will also gain expertise with leveraging the RallyBright Team Development Platform and its digital toolkit, including its Resilient Team Survey.

Using real life examples and case studies, participants will

learn how to roadmap a team's development journey and how best to structure a team coaching engagement with consideration to team dynamics, systems awareness, and the importance of resilience.

By the end of the program, participants will have deepened their knowledge and understanding of coaching teams to operate and perform at their best and be equipped to utilize the RallyBright Team Development toolkit.

# Workshop Descriptions



## **Pre-Workshop Platform Administration Training**

RallyBright  
Platform and Resilient Team  
Assessment Administration

## **Team Coach Training**



### **Day 1**

Team Coaching Fundamentals, Team Dynamics, Resilient Team Model Deep Dive, Importance of Team Types, Contexts, and Development Stages



### **Day 2**

RallyBright Digital Toolkit Overview & Action Planning and Long-Term Intervention Strategy Discussion and Practice Facilitation Methods & Team Activity Role-Play with Feedback

## Benefits for You (As Coach)

- Deepen understanding of how to coach teams to optimize performance
- Build the skillset for analyzing and interpreting team assessment data
- Increase capability to respond to different types of team challenges
- Discover new insights on how to design short and long-term team development programs
- Gain expertise in utilizing best-in-class team development tools and resources
- Receive real-time feedback from expert facilitators and seasoned team coaches
- Join a community of team coaches and engage in ongoing development as a team coach

## Benefits for Your Organization

- Increased internal capability to address and strengthen team performance
- Ongoing access to new digital tools for developing resilient teams
- Complimentary 3-month subscription to RallyBright for one team
- Ability to establish a team development culture across the organization
- Enterprise-level capacity to track team development progress over time and focus resources on the most critical needs



## How You Will Learn

The virtual coach training workshop combines theory, group discussion, case studies, and practice. Each day is 7 hours in length.

Workshops are led by our ICL faculty who will provide their experience, expertise, insights, and feedback throughout the program.

Participants are required to complete the RallyBright Administration Workshop prior to the program so that they are prepared to use the digital platform.

The program is an interactive and applicable experience designed to get you immersed in figuring out how to help teams with a range of challenges.

ICL facilitators create a safe and supportive environment, conducive to brainstorming and experimenting with new ideas, and sharing and receiving valuable developmental feedback.



# Costs & Dates

ICL Team Coach Training Certification	\$5,000
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Upcoming Program Dates in 2024

TEAM COACH TRAINING
March 13-14
May 15-16
September 11-12
December 4-5

**For more information, please  
call or email**

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[inquiries@contemporaryleadership.com](mailto:inquiries@contemporaryleadership.com)  
(888) 273-7415



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Institute for Contemporary Leadership  
New York, NY  
[www.contemporaryleadership.com](http://www.contemporaryleadership.com)